

## PURPOSE AND SCOPE

In recent years there have been an increasing number of reports by attorneys indicating a growing dissatisfaction in their careers. Trends seen in the general business community, such as frequent job switching, burnout and poor work/life balance have been reported by attorneys and by the media.

The task force shall formulate an action plan to improve the quality of life, health and wellness of the members of the Alabama State Bar. The task force will study and promote lawyer wellness programs by identifying factors that impact the physical and emotional well-being of attorneys. It will explore programs, accumulate information and educate members about wellness issues and resources.

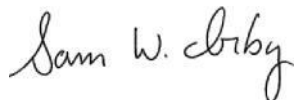
The task force shall take advantage of all resources available to it through the Alabama State Bar, including its sections, and the American Bar Association and other similar groups. The task force shall also determine whether similar programs exist in other bar associations and, if so, review those programs to determine if any such program can be duplicated in Alabama.

The task force may divide itself into such working groups as may be necessary to effectively carry out its functions. The chairperson shall appoint a chair for any working group. The task force shall elect from its membership a secretary who shall be responsible for a written record of its actions. The secretary, or a designee, shall keep minutes of all meetings of the task force, and of all working groups thereof. The original of the minutes shall be filed with the Alabama State Bar within 14 days after each meeting to be made a part of the task force's file.

The Alabama State Bar, through its designated staff liaison, will assist the task force in carrying out its purpose.

The task force and its working groups shall meet at the call of the chairperson or the working group chair, in person or by conference call as the chairperson and the working group chairs shall determine.

Done as of August 22, 2018



Sam W. Irby  
President, Alabama State Bar