

MEDICATION CLASSIFICATION	MOOD ALTERING INGREDIENT TO AVOID
<i>Nasal Decongestant Sprays</i>	Ephedrine
	Epinephrine HCl
	L-Desoxyephedrine
	Naphazoline HCl
	Oxymetazdine HCl
	Phenylephrine HCl
	Propylhexedrine
	Tetrahydrozoline HCl
	Xylometazolline HCl
<i>Nausea (Anti-emetic / Anti-vertigo Agents)</i>	Cyclizine
	Chlorpromazine Buclizine HCl
	Dimenhydrinate
	Diphenhydramine
	Diphenidol
	Dronabinol
	Meclizine
	Promethazine
	Scopolamine Transdermal

POTENTIAL RISK	SAFE MEDICATION LIST
Pretz-D®	OTC Ayr Saline®, Humist®, Ocean®, NaSal®, Salinex® RX Aerobid®, Astelin®, Atrovert®, Azmacort®, Beconase®, Flonase®, Nasacort®, Nasalcrom®, Nasalide®, Nasarel®, Nasonex®, Rhinocort®, Vancanase®
Adrenalin Chloride Solution	
Vicks® Inhaler	
Privine®	
Afrin®, Allerest®, Dristan®, Duration®, 4-Way®, Sinarest®	
Neo-Synephrine®, Sinex®, Alconefin®, Nostril®	
Benzedrex®	
Tyzine®	
Otrivin®	
Marezine®	
Bucladen®	OTC Emetrol®, Emecheck®, Pepto-Bismol®, Nausetrol® RX Anzemet®, Compazine®, Kytril®, <u>Metoclopramide</u> : Reglan®, Maxolon®, Octamide®; Norzine®, Thorazine®, Tigen® (Trimethobenzamide HCl), Torecan®, Trilafon®, Zofran®
Dramamine®, Triptone®, Vertab®	
Benadryl®	
Vontrol®	
Marinol®	
Antivert®, Bonine®, Dramamine®, Vergon®	
Phenergan® Tablets	
Transderm-Scop®	

MEDICATION CLASSIFICATION	MOOD ALTERING INGREDIENT TO AVOID
<i>Allergy / Decongestants (Systemic)</i>	Brompheniramine
	Chlorpheniramine
	Dexchlorpheniramine
	Diphenhydramine
	Triprolidine
	Cyproheptadine
	Phenylephrine
	Pseudoephedrine
<i>Analgesics (pain relief)</i>	Hydromorphone HCl
	Levorphanol Tartrate
	Methadone HCl
	Meperidine HCl
	Morphine Sulfate
	Opium
	<i>CONTINUED</i>

POTENTIAL RISK	SAFE MEDICATION LIST
Dimetane [®] , Dimetapp [®]	Tavist-1 [®] (Clemastine Fumarate)
Chlor-Trimeton [®] Efidac [®] , Teldrin [®]	Claritin [®] (Loratadine)
Polaramine-RX [®]	Clarinex [®] (Desloratadine)
Benadryl [®] Benylin Cough [®]	Allegra [®] (Fexofenadine)
Actifed [®]	Zyrtec [®] (Cetizine)
Periactin -RX [®]	Potential Risk Allegra D [®] Claritin D [®] Zyrtec D [®] (contains pseudoephedrine)
AH-chew D [®] , Entex LA [®] , Nalex-A [®] , Prolex-D [®] , Sinutuss DM [®] , Tussafed-EX [®]	
Phenergan- RX [®]	
Sudafed [®] , Novafed, Profen	
Dilaudid [®]	OTC
Levo-Dromoran [®]	Advil [®] , Aleve [®] , Aspirin [®] , Bufferin [®] , Tylenol [®]
Dolophine [®]	RX
Demerol [®] Mepergan Fortis [®]	Disalcid [®] , Salflex [®] , Dolobid [®] , Trilisate [®]
Avinza [®] , Duramorph [®] MS Contin [®] , MSIR [®] , Roxanol [®]	
Paregoric [®]	
<i>CONTINUED</i>	<i>CONTINUED</i>

MEDICATION CLASSIFICATION	MOOD ALTERING INGREDIENT TO AVOID
<i>Analgesics (pain relief)</i> <i>CONTINUED</i>	Analgesics with Barbiturates
	Butorphanol Tartrate
	Caffeine
	Dihydrocodeine Bitartrate
	Oxycodone HCl
<i>Anorexiant, Stimulants, and Weight Control</i>	Amphetamine Salts
	Benzphetamine HCl
	Caffeine
	Diethylpropion HCl
	Ephedrine, Ephedra, Ma Huang
	Modafinil
	Methylphenidate
	Nicotine
	Pemoline
	Phendimetrazine Tartrate
	Phentermine HCl
<i>Asthma Medication</i>	Ephedrine
	Epinephrine

POTENTIAL RISK	SAFE MEDICATION LIST
Esgic [®] , Fioricet [®] , Triad [®] , Phrenilin [®] , Axocet [®] , Bucet [®] , Fiorinal [®] , Axotal	
Stadol [®]	
Vanquish [®] , Excedrin [®] , Goody's Powder [®] , Midol [®] , BC Powder [®] , Cope [®]	
DHC Plus [®] Caps, Panlor SS [®] , Synalgos-DC [®] Caps	
Oxycontin [®] , Oxyir [®] , Percodan [®] , Percocet [®] , Roxicet [®] , Tylox [®]	
Adderall [®] , Dexedrine [®]	<i>RX</i> Xenical [®] (Orlistat)
Didrex [®]	
Red Dog [®] , Rip Tide [®] , Others	
Tenuate [®] , Tepanil [®]	
Metabolife [®] , Metabolite [®]	
Provigil [®]	
Concerta [®] , Metadate [®] , Methylin [®] , Methylphenidate	
Tobacco products, Nicorette [®] , Nicoderm [®]	
Cylert [®]	
Bontril PDM [®] , Anorex [®] , Melfiat-105 [®] , Prelu-2 [®]	
Fastin [®] , Adipex-P [®] , Ionamin [®] , Obephen [®]	Diet Aysds [®] (candy), Slim-Mint [®] (gum), Slim Fast [®] , Slender [®]
Primatene [®] Tablets	<i>RX</i> Advair [®] , Alupent [®] , Brethine [®] , Combivent [®] , Duoneb [®] , Maxair [®] , Proventil, Pulimart [®] , Qvar [®] , Vanceril [®] , Volmax [®]
Primatene [®] Mist	

MEDICATION CLASSIFICATION	MOOD ALTERING INGREDIENT TO AVOID	
<i>Analgesics (pain relief)</i> <i>CONTINUED</i>	Alfentanil HC	
	Fentanyl	
	Oxymorphone HCl	
	Propoxyphene	
	Sufentanil Citrate	
	Carisoprodol	
	Levomethadyl	
	Buprenorphine HCl	
	Codeine	
	Hydrocodone Bitartrate	
	Methotrimeprazine	
	Nalbuphine HCl	
	Pentazocine	
	Tramadol HCl	
	<i>CONTINUED</i>	

POTENTIAL RISK	SAFE MEDICATION LIST
Alfenta®	NONSTEROIDAL ANTI-INFLAMMATORY AGENTS
Sublimaze® Duragesic®	Anaprox® Ansaïd®, Arthrotec®, Bextra®, Cataflam®, Celebrex®, Clinoril®, Daypro®, Feldene®, Indocin®, Lodine®, Meclomen®, Mobic®, Motrin®, Nalfon®, Naprelan®, Naprosyn, Orudis®, Oruvail®, Ponstel®, Relafen®, Tolectin®, Toradol®, Vioxx®, Voltaren®
Numorphan®	
Wygesic®, Darvon®, Darvocet®	
Sufenta®	
Soma, Soma Compound with Codeine	Dantrium® Flexeril® Lioresal® Robaxin® Skelaxin®
ORLAAM®	
Buprenex®	Imitrex® (migraines) Zomig® (migraines)
Empirin # 3,4® Fiorcet w/codeine® Fiorinal w/codeine®	
Anexsia®, Bancap®, Hycodan®, Hydrocet®, Lorcet®, Lorcet-HD®, Lortab®, Maxidone®, Norco®, Vicodin®, Vicoprofen®, Zydone®	
Levoprome®	
Nubain®	
Talwin NX®, Talacen®	
Ultram®, Ultracet®	
<i>CONTINUED</i>	

MEDICATION CLASSIFICATION	MOOD ALTERING INGREDIENT TO AVOID
<i>Cough / Cold (Preparation)</i>	Codeine
	Dextromethorphan
	Hydrocodone Compound
	Hydrocodone Syrup (Multiple generics and trade names)
<i>Diarrhea</i>	Alcohol
	Diphenozylate HCl Atropine Sulfate
	Tincture of Opium
<i>Mouthwash / Mouthcare Dental Hygiene</i>	Alcohol

POTENTIAL RISK	SAFE MEDICATION LIST
Ambenyl [®] , Brontex [®] , Novahistine DH [®] , Nucofed [®] , Phenergan with Codeine, Robitussin AC [®]	OTC (Guaifenesin) Naldecon Senior EX [®] Organidin NR [®] Robitussin [®] Plain Breonesin [®] Capsule
Benylin [®] , Delsym [®] , Dimetapp Cough [®] , Comtrex [®] , Contac [®] , Duratuss [®] , Plain or DM, Nyquil [®] , Novihistine DMX [®] , Novafed [®] , Profen [®] , Robitussin DM [®] , Vicks Formula 44D [®]	RX (Guaifenesin) Organidin NR [®] Duratuss G [®] Fenesin Tablets [®] Humibid LA [®] (Benzonatate-sofgels) Tessalon Perles [®]
Hycodan [®] tabs & syrup, Hycamine [®]	
Anaplex HD [®] , Bitartrate/Guaifenesin Syrup, Duratuss HD [®] , Hycotuss [®] , Hycotuss [®] Expectorant, Hydrocodone, Protuss/Protuss D, Vicodan Tuss [®] Expectorant, Others	
Imodium A-D Liquid [®] , Paregoric [®] , Pepto Diarrhea Control [®]	Diasorb [®] , Donnagel [®] Tabs Kaopectate [®] , Kaopectolin [®] , Kaodene [®] , Lactinex [®] Imodium [®] AD capsules /tablets, Pepto-Bismol [®] , Rheaban [®]
Lomotil [®] , Logen [®] , Lonox [®]	
Donnagel Liquid [®]	
Advanced Formula N'ice [®] Throat Spray, Cepacol [®] , Cheracol Sore Throat Spray [®] , Listerine [®] , Lister- mint [®] , Peridex [®] , Perio- guard [®] , Plax [®] Scope, Sucrets [®] Spray	Cepastat [®] Chloraseptic, Gly-Oxide [®] , Halls [®] Lozenges, Mycnette [®] , N'ice [®] Lozenges, Orajel [®] Perioseptic, Sucrets [®] Lozenges, Plax [®] Scope, Vicks [®] Cough Drops, Vicks [®] Throat Discs

MEDICATION CLASSIFICATION	MOOD ALTERING INGREDIENT TO AVOID
<i>Sedatives / Antianxiety Agents</i>	Meprobamate
	<i>Benzodiazepines:</i>
	Alprazolam
	Chlordiazepoxide
	Clonazepam
	Clorazepate Dipotassium
	Diazepam
	Estazolam
	Flurazepam
	Halazepam
	Lorazepam
	Oxazepam
	Quazepam
	Temazepam
	Triazolam
	<i>Non-Benzodiazepines:</i>
	Chlormezanone
	Doxepin HCl
	Hydroxyzine HCl
	Hydroxyzine Pameate

CONTINUED

POTENTIAL RISK	SAFE MEDICATION LIST
Equanil®, Miltown®, Meprospan®	RX Adapine®, Buspar® (Buspirone HCl), Desyrel® (Trazadone), Elavil®, Mallaril®, Paxil®, Seroquel®, Sinequan®, Thorazine®, Trilafon® OTC Warm Milk
<i>Benzodiazepines:</i>	
Xanax®	
Librium®, Libritabs®, Librax®	
Klonopin®	
Tranxene® Gen-Xene®	
Valium®, Valrelease®, Dizac®	
ProSom®	
Dalmane®	
Paxipam®	
Ativan®	
Serax®	
Doral®	
Restoril®	
Halcion®	
<i>Non-Benzodiazepines:</i>	
Trancopal®	
Sinequan®, Adapin®	
Vistaril/generic	
Atarax/generic	

CONTINUED

MEDICATION CLASSIFICATION	MOOD ALTERING INGREDIENT TO AVOID
<i>Sedatives / Antianxiety Agents CONTINUED</i>	Chloral Hydrate
	Ethchlorvynol
	Glutethimide
	Paraldehyde
	Zaleplon
	Zolpidem Tartrate
	<i>Barbiturates:</i> Amobarbital/Secobarbital Combinations
	Amobarbital Sodium
	Aprobarbital
	Butobarbital Sodium
	Mephobarbital
	Pentobarbital Sodium
	Phenobarbital
	Secobarbital

POTENTIAL RISK	SAFE MEDICATION LIST
Chloral Hydrate	
Placidyl®	
Doriden®	
Paral®	
Sonata	
Ambien®	
Tuinal Pulvules®	
Amytal Sodium®	
Alurate®	
Butisol Sodium®	
Mebaral®	
Nembutal Sodium®	
Solfoton®, Luminal®	
Seconal Sodium®	
<i>OTC:</i> Benadryl®, Compoz®, Dormin®, Extra-Strength Tylenol PM®, Excedrin PM®, Legatrin PM®, Nervine®, Nighttime Pam- prin®, Nytol®, Sleep-eze®, Sominex®, Twilite®, Unisom®	