# **ASB LAWYERS HELPLINE** 1 - 800 - 605 - 8678**CONFIDENTIAL HELP IS JUST A CALL AWAY**





## ALL ASB MEMBERS GET FIVE FREE HOURS OF COUNSELING HELP

The Lawyers Helpline provides resources that quickly and professionally assist you in handling problems affecting your personal or work life. Why allow problems to weigh you down? Completely confidential help is just a call away. Counselors answer the phone 24/7 to provide immediate support and assistance.

#### **Your Helpline Offers Assistance With**

- Parenting Problems Marital Concerns Depression
- Work Difficulties
- Stress Problems
- Family Problems Emotional Upsets Alcohol/Drug Misuse
  - Other Personal Concerns

#### What Services Does Your Lawyers Helpline Offer?

- Professional and confidential counseling sessions for ASB members, up to five sessions per year
- 24/7/365 availability of masters-level therapists

### CONFIDENTIAL, ROUND-THE-CLOCK SUPPORT IS AVAILABLE THROUGH YOUR ALABAMA STATE BAR'S LAWYERS HELPLINE