H. Eli Lightner, III
White Arnold & Dowd
2025 3rd Avenue N.
Birmingham, Alabama
205-716-2071
elightner@whitearnolddowd.com

Eli graduated from the University of the South with a Bachelor of Arts in Economics. He received his Juris Doctor from The University of Alabama School of Law.

Eli worked as an Associate at Starnes Davis Florie in Birmingham and Gwin, Steinmetz & Baird in Louisville, Kentucky before he became a Senior Associate at Bradley Arant Boult Cummings in Birmingham. Eli is currently an Associate at White Arnold & Dowd in Birmingham.

Eli is a member of the Kentucky Bar Association and Independent Presbyterian Church. He is an active member of the American Bar Association Business Section Consumer Financial Services Committee and is active in the Alabama State Bar and Birmingham Bar. Eli coaches his three boys in baseball and soccer. He also serves as a Board member of the Vestavia Lake Homeowners' Association, and has participated in the Birmingham Volunteer Lawyers Program. Eli played varsity baseball at the University of the South and served as team captain. He was a member of the Order of the Gownsmen academic honor society. While at The University of Alabama School of Law, Eli was the recipient of the award honoring the best published journal note.